



Oshwal Youth League

A Day Hiking Trip to William Hill

REGISTRATION FORM

Oshwal youth league is organizing an adventurous day trip to William Hill, situated in Mai Mahiu settlement in the Rift Valley Province. The drive to William Hill from Nairobi is about 1 and half hours. It is approximately a 6-7 hours hike up and down the hill. The trip will be held on the 12th June 2016. Charges for the trip are Kshs 2,000/- only for Citizens, and Kshs 2,200/- only for Residents. This includes transport to and from William Hill, park fees, and a light snack; however those who require extra snacks and other soft drinks or water are advised to carry their own.

NB: Ensure to bring proper Identification (ID/ Passport/ Student ID (for those below 18 years)) to be shown at park gate.

Participants are requested to kindly assemble at the Oshwal Centre by 6:00 am and we are expected back by 6:00 pm in the evening on the same day.

Items to carry can include and are not limited to: Raincoat, sport/hiking shoes, water, extra pair of clothes, water (please carry 2 litres minimum), snacks for the road, energy drinks, energy foods, and A JOVIAL MOOD.

Please disclose any health conditions and medication for the same. Disclosures will remain confidential and it is for your own safety. Also carry your own medication.

Forms are available at the Oshwal Centre, or log onto www.oylnairobi.org, or contact the following people for forms or any other information about the trip:

Nirav Shah: 0728 031 220 – oylhiking@gmail.com

Hetal Shah: 0734 759 163 – oylhiking@gmail.com

Forms and cash to be collected back by the organizers at the Oshwal Centre on 7th and 8th of June 2016 only from 7:30Pm to 9:00Pm. Strictly first come first serve basis.

Please sign and provide the information required after reading it carefully

I am aware that during my experience at the hiking trip on William Hill, certain risks and danger may occur. These may include, but are not limited to: the hazards of being in a wilderness or natural area, hiking up the mountain which may result in increased heart rate, sudden pulse rate increase, general heart risk (especially for those with heart conditions), and death, the forces of nature, and other dangers inherent in being in or near a pool, lake and other recreational areas.

In consideration of my voluntary election to participate in this hike, I do hereby assume all risks and to the fullest extent permitted by law do hereby agree to hold harmless Oshwal Youth League from and against any and all my personal injury, causes of action, losses, cost, liability, actions, debts, claims, damages, expenses and demands of every kind and nature whatsoever which I now have or which may arise from or in connection with my presence or participation in any activities arranged for me at the venue.

Further, I agree to indemnify the Oshwal Youth League for any causes of action, losses, cost, liability, actions, debts, claims, damages, expenses, and demands of every kind and nature whatsoever which I now have or which may arise from or in connection with my presence or participation in any activities arranged for me during the hike.

This agreement shall be binding upon me, my heirs, executors and administration. My presence and participation in hiking at **WILLIAM HILL** is completely voluntary.

By signing below, I hereby acknowledge the reading and understanding of the foregoing and have agreed to the same with full knowledge and understanding of its content.

SIGNED, this _____ day of _____, 20____.

(Anyone under the age of 18 must have their parent or guardian's signature and consent on their behalf.)

Name : _____ (please enter full name)

Age: _____ Blood Group _____

Medical Insurance: Yes No Provider: _____ Membership No.: _____

Email: _____

Contact Number: _____; _____; _____

Signature: _____

Please indicate if suffering from any kind of health conditions

Next of Kin: _____

Contact: _____ Relation: _____